



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

7th – 12th Grade Boys/Girls Post Workouts

Location: STM High School Gym

Cost: \$99 *Please pay online at time of registration.*

Athletes will receive a Warwick Workouts t-shirt & shorts

****BRING YOUR BASKETBALL EACH TIME TO WORKOUTS****

Post workouts focus on low post moves, shooting technique, attacking players from the high post, offensive and defensive footwork and much more.

Saturday, Sept. 17 th	1:15-2:15
Saturday, Sept. 24 th	1:15-2:15
Saturday, Oct. 1 st	1:15-2:15
Saturday, Oct. 8 th	1:15-2:15
Saturday, Oct. 15 th	1:15-2:15

Register online at www.warwickworkouts.com

Find your session under the Register Here tab

Contact Kris Warwick with questions about workouts

Email: warwickworkouts@gmail.com

Cell: (605) 391-6700

WHERE CHAMPIONS TRAIN.